WAIORA Snapshots

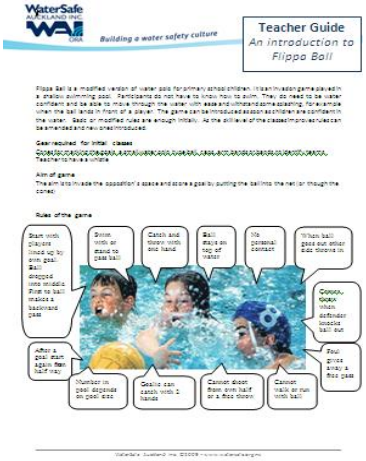
Term 4, 2010

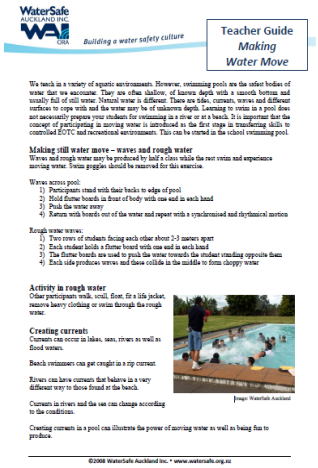
Building a water safety culture

When will your pool open?
Is it too cold to swim?

To avoid the excuse notes and the shivers why not encourage your swimmers to wear swim caps and thermal tops when they are in a cool/cold pool. Lifejackets (on loan from WAI) also help to keep swimmers warm. Keep activity levels high by playing high energy games, aqua aerobics or jump jam to develop water confidence.

Every one should have their school jacket to put on once they are back in class.





Practical resources

Practical programmes can cover a range of activities that enable children to enjoy and appreciate the complexities of aquatic sport and recreation.

WaterSafe Auckland has developed several teacher guides that enhance this participation e.g. → Making Water Move

→ Introductions to Water Games, Flippa Ball, Aqua Fitness and Snorkelling

→A sequence for Teaching Freestyle and Backstroke and Survival Stokes

→ Dry Rescues and Rescue Sequence for Secondary School students.

These can be downloaded from the teachers' toolbox in the education section www.watersafe.org.nz

Pools2Schools™

A large 10m x 6m portable pool was installed at a Papakura school for most of term 1 2010 as a pilot study. This allowed each class to swim two or three times a week without travelling to the local pool.

The pool was fenced, covered by a marquee, placed under security cameras and filled by the local fire service. Building consent was granted.

Lunch time activity was popular with each child having a 10 minute swim as the demand was so great.

WaterSafe AUCKLAND INC. WAI ORA

Building a water safety culture

WAIORA Snapshots

Term 4, 2010

Aquatics and Numeracy

To support the Teacher Guide 'Mathematics, Statistics and Aquatics', WaterSafe Auckland has developed several student task sheets covering a range of statistical investigations.
Before the summer holiday, students could plan activities that involve the use of tide charts, comparing east and west coasts for example. Students could have the task of planning a shopping trip to buy aquatic gear and working out what they could afford.
Hypothermia is another concept that has been explored with a numeracy bias. This may enhance the work of senior primary students.

KiwiSport

The Pools2Schools™ programme has received funding from the KiwiSport Regional Partnership Fund, through Sport Auckland. This funding will enable a pool to service a cluster of schools in the Tamaki area. In addition a full time staff member has been appointed to support and develop the aquatic abilities of students, teachers and volunteers. Additional opportunities for aquatic sport after school and during school holidays will also be provided. We hope to extend this into other areas of Auckland with time.

NEW RESOURCE – KIWI SWIM SAFE from SWIMMING NEW ZEALAND

This collaborative resource, with contributions by WaterSafe Auckland, Surf Lifesaving NZ and Swimming NZ, features 3 modules: In the classroom; At the pool and At the beach. Both physical and cognitive skills are developed through this holistic programme that updates their previous resources ASTA and the Lotto Swim Safe programme. Available Term 4 www.swimmingnz.org.nz

Swimming NEW ZEALAND

Kiwi Swim Safe

STATE WITH YOU IN THE WATER

For further information on any aspect of water safety education or to enquire about professional development (delivered by registered teachers at no cost in the Auckland Region) email Jan - jan.taylor@watersafe.org.nz or Angelo – angelo.naude@watersafe.org.nz